



TORONTO
WOLFPACK

TORONTO
WOLFPACK 2018

Super 8's
The Qualifiers
Travel Guide





A Wolfpack Welcome!

Toronto Wolfpack are excited to welcome you to the City of Toronto! First off we would like to say thank you for making the trip to our side of the Atlantic. Toronto is proudly known as Canada's largest city and the most multi-cultural city on earth with over five million residents.

We hope you enjoy your time here in Toronto, home to many exciting and unique experiences. During your visit you will find this city has charm and excitement in the hustle and bustle of the busy streets. To get you started on your rugby tour we have put together a list of suggested transportation options, restaurants, events, and city sights.

My name is Audrey and on behalf of the entire Wolfpack team I am happy to share these recommendations with you, hoping they help you make the best of your visit. If you have any questions about the City of Toronto, anything in this guide, or would like to provide some feedback or future suggestions please contact me at audrey@torontowolfpack.com

TRANSPORTATION FROM PEARSON AIRPORT

COOL TIP!

With travel packages booked through Canadian Affairs, you will have your transportation and transfer details provided to you prior to your departure.

UBER



The modern-day taxi you may call it, Uber is one of the most cost-effective and simple ways to get from the airport to your hotel (Sheraton Centre) in the downtown core.

Your Air Transat flight will land at **Terminal 3**, head to the exit doors marked **Door D** where your driver will meet you. Follow the signs to cross the street and wait at the blue-painted curb at **Zone 3**, where your driver will meet you.

UberX and UberXL for those traveling in a large 'pack':

Approximate Price: \$40-\$50



It gets the name UP Express for a good reason, running every 15-minutes, this train goes directly from *Pearson Airport* and will have you downtown at *Union Station* in 25-minutes. Designed to be easily accessible with luggage and it great for a single person or couples traveling.

For parties of 4 or more, we suggest you use Uber or the Toronto Pearson Limousine services as the cost for 4 or more on the UP Express works out to be around the same price.

Adult One Way: \$12.35

Children Under 12 FREE Time:

25 minutes

Once you have arrived at Union station you can walk up York St. then make a right turn onto Queen St. and you will arrive at the Sheraton. This walk takes an average of 15 minutes. But if you wish to take a Taxi or Uber, outside Union station on Front St. you will find taxis waiting to take you to your destination.

Here is the address for those staying at the Sheraton Center in downtown Toronto!

The image shows the logo for the Sheraton Centre Toronto Hotel, which consists of a stylized 'S' inside a circle, followed by the words 'Sheraton Centre Toronto HOTEL' in a serif font. Below the logo is the address: '123 Queen St. W', 'M5H 2M9', and '416-361-1000'.

Sheraton Centre
Toronto
HOTEL
123 Queen St. W
M5H 2M9
416-361-1000

TRANSPORTATION FROM PEARSON AIRPORT



Toronto Pearson Limousine \$\$\$



Looking to travel from the airport to the downtown core in style, here is how you can get from Pearson to the front door of the Sheraton Centre Toronto in an airport limo. Easy to access and excellent value for those traveling in a group, or those who don't prefer to travel light.

- You will see exit doors at **Terminal 3** which will be marked "Limo."
- Head there, and you will find a car bay with airport limousines and their drivers eagerly awaiting your arrival to assist you on your journey.



Toronto City Taxi \$\$\$\$

A classic form of transportation, though not the most affordable or friendly way to commute from the airport or throughout the city.

- We feel they are not the friendliest form of transportation, but if you must choose to use one, head to the exit doors at **Terminal 3**, and you will see a sign marked "Taxi"

NOTE: Majority of Taxis in the city take cards, but be sure to ask before you depart on your journey.

Airport to the downtown core has a flat rate of **\$70**



The flat rate from Pearson to downtown is an affordable **\$64.00** for a Standard Sedan (seats 1 -4)

NOTE: You can upgrade to an SUV for \$15 (seats 6)



TRANSPORTATION FROM PEARSON AIRPORT



Car Rentals \$\$\$\$

If you are looking to rent a car during your stay in the city, we have listed below a standard rate for a four-day rental. We have provided you with three companies listed below which are most commonly used throughout the City of Toronto. You can pre-book your car by visiting their website and selecting your pick up and drop off date online. Each company will give you instructions on how to go about picking up your car once you arrive at Pearson Airport.

Car Pick-Up: Toronto Pearson Airport

Average 4 Day Rate: \$375.28

Approx. Average 1 Day Rate:
\$88.00

Enterprise

To book your rental car please visit www.enterprise.ca

Avis Rental Cars

To book your rental please visit www.avis.com

Thrifty Rental Cars

To book your rental car please visit www.thrifty.com

NOTE: For those of you who have rented a car, you are not allowed to drive on King St. from Jarvis St. to Bathurst St.

Also, keep in mind your hotel will charge per day parking and at **\$56.50 every 24 hours**, it doesn't come cheap. Plus, we suggest you take public transit (TTC) to Lamport Stadium on game day, this way you can fully enjoy the beer garden experience and not have to worry about parking.

TRANSPORTATION THROUGHOUT TORONTO



Public Transit \$

Toronto Transit Commission, TTC as it is known are streetcars, buses, and trains. All are convenient and safe form of transportation around Toronto.

Adult Single Ride - \$3.25 Children 12 and under ride for free

NOTE: We suggest you bring change to pay for your ride, or you can check in with your concierge at the hotel to purchase 'tokens' for the duration of your stay.

HELPFUL TIP!

The most frequently used route while you are here will most likely be the **King St.**

Streetcar or tram as many of you know it. A 5-minute walk south from the Sheraton Centre down to King St. where you can hop on the streetcar going West and get off at Jefferson St. which will take you directly outside Lamport Stadium. About a 15-minute ride to the stadium.



Bike Share Toronto \$

Known as the green way to see the city, Toronto Bike Share is designed to be convenient and straightforward. Pick up your bike, use throughout the city, and return to any Bike Share station in the downtown core. This is the Wolfpack favourite!

You do not need to have exact change to use the Toronto Bike Share system, they accept all major credit cards. The closest to the Sheraton Centre is located on the North side of Queen St. opposite the underground Green P Parking, about 5-minutes away.

Day Pass \$7 OR **3 Day Pass** \$15

NOTE: Trips exceeding 30 minutes, will accumulate overage fees at a rate of \$4 per half hour. To avoid an overage charge, before your 30-minute trip is up, dock the bike and unlock another to continue riding.



CITY ATTRACTIONS

Alright, now that you are all checked in and had a chance to relax it is time to start the exploring! Below we have provided you with some of the best attractions our city has to offer. Toronto is a big city, so we hope you find out attractions as big and exciting as we do! Torontonians are known for being friendly and helpful, feel free to ask anyone you see for directions if you get lost.



Wolfpack Members doing the Edge Walk



Hockey Hall of Fame



CN Tower Lobby



Ripley's Aquarium

CN Tower \$

301 Front St. W.
M5V 2T6

A 20-minute walk or a 9-minute car ride from the Sheraton Centre

Formally the world's tallest freestanding structure, though still the most important one to any Torontonian. The CN Tower offers a unique 360 view of the city, whether, for a simple trip up for a birds' eye view or a lavish dinner at the 360 restaurant, the CN Tower is an exciting and one-of-a-kind spectacle, we feel no visit to Toronto is complete without experiencing all it has to offer. From the elevator ride up to the views that are sure to make all of your Instagram followers jealous.

Adult General Admission \$38.00 + Tax
Junior discounts apply!

Feel like taking a 'walk' on the wild side, or high side we could say...

The CN Tower also is home to the **Edge Walk**. An opportunity for brave souls to walk the outside edge of the tower 1168ft in the air. Be sure to book before your trip as there is known to be a waitlist. Please see www.edgewalk.ca for details on pricing and to reserve your Edge Walk time slot. (1 -2 Hours)

All that thrill and excitement will make any rugby fan hungry; we suggest you check out Wolfpack favourite The Pint. The Pint is a sports fans dream, with the walls adorning sports memorabilia, classic pub style grub, and a great variety of domestic and imported beer. Only a 5-minute walk from the CN Tower and Ripley's Aquarium!

*The Pint Public
House*

277 Front St. W
M5V 2X4
+1 647-340-6395

Ripley's Aquarium \$\$

288 Brenner Blvd.
M5V 3L9

The ocean tropics have come to the city; Ripley's Aquarium is a perfect adult and family excursion. Just recently this deep sea wonder popped up in the City of Toronto and Torontonians have never been happier. It is sure to amaze visitors of all ages, providing the perfect opportunity to take in the colours and wonders of ocean creatures, right here in the middle of a major metropolis. We try not to brag, but even visitors from tropical hotspots are amazed by this fantastic attraction, truly considered World-class! (2Hours – 3 for the ones who need that perfect Jelly Wall shot)

NOTE: *The aquarium is located directly beside the CN Tower, a perfect stop for after you grab a bite to eat at The Pint Public House*

Adult General Admission \$31.00 + Tax
Junior discounts apply

Hockey Hall of Fame

\$

A 4-minute drive or a 13-minute walk from the Sheraton hotel.

In case you are yet to pick up on this, Toronto is a hockey town. Which is why it is so fitting for it to be home to the Hockey Hall of Fame, an exhibit features a history of hockey even those unfamiliar with the sport are sure to enjoy. (1Hour)

General Admission - \$20.00 + Tax
Junior Discounts Apply!

After checking out Mr. Stanley in his home, we suggest you check out a great local pub next-door called the Bottom Line. While there, *ask for Wayne* to see if you can grab some special Wolfpack treatment and true Canadian hospitality, be sure to tell him you are a Wolfpack supporter or we can't guarantee!

The Bottom Line
22 Front St. W
M5J 1C4
+1 416-362-7585

Royal Ontario Museum

\$

100 Queens Park
M5S 2C6

A 9-minute drive from the Sheraton Centre or a 7-minute trip on the TTC

The ROM it is called for short here. This museum is a demonstration of unique modern architecture from the outside, but don't let this fool you the ROM is full of historical artifacts and stories to amaze any history buff. One could spend hours with their faces pressed against the glass, exploring the many adventures the ROM has to offer. Not scared of the creepy crawlies? Check out the **Spider Fear and Fascination exhibit**, running until January 6th, 2019. (3-4Hours)

Adult General Admission \$20.00 +tax

I remember being told the artists and history dorks are the cool kids, right? Well on Fridays from 5:30 – 10 PM The ROM offers a discounted rate to guests, along with access to the C5 Lounge, where they offer food, drinks, and live performances. If you ask us that sounds like a place, then the cheer squad would want to be seen!

After you have satisfied your need for history, we suggest you hit up a great local rugby bar called Hemingway's, located in the heart of Yorkville, it is located about a 5-minute walk from the ROM. Another Wolfpack favourite, known for its all-year rooftop patio, a rare find in a city known for its 20 below, and 24 different beers on top. We are sure you will enjoy your time there.

Hemingway's Restaurant
142 Cumberland St.
M5R 1A8
416-968-2828

NIAGARA FALLS

Below you will find information and ideas on Niagara Falls and Niagara-On-The-Lake. If you plan on staying a night, or just enjoying an exciting day trip, you are sure to enjoy Niagara Falls and all of its beauty will leave you breathless.

Tour Bus \$



King Tours has a Niagara Tours day trip bus package, with an easy pick-up and drop off in downtown Toronto you are sure to enjoy the day, stress-free! Including a certified tour guide, a wine tasting at one of the famous wineries located in Niagara-On-The-Lake, a driving tour through the beautiful city of Niagara-On-The-Lake, and other seasonal stops such as the floral clock! Yes, it is just as it sounds, a 40-foot clock made entirely of flowers. At an **affordable \$79** you will have more than enough cash left over for that snow globe you are eyeballing for your mom.

To book your spot on the tour bus, please visit the website listed below. On this site, you have the option to be picked up directly at the Sheraton Centre, talk about convenience!

www.niagaratours.ca

While at the Falls

While on your tour you are given time to explore around the central falls area, so have put together some suggestions on what we think you should do with those few hours.

Our number one suggestion is to experience the Maid of the Mist, an exciting boat ride which gets you up close and personal with the falls. Watch your hair though, riders are known to leave a little wet! We suggest booking your Maid of the Mist boat tour when booking your tour bus. To purchase your ticket and book please visit, www.maidofthemist.com We consider this another one of our World-Class attractions.

Adult \$19.25

Junior discounts apply!

Our next top suggestion is to take a trip up the Skylon Tower, a smaller version of the CN Tower you will find in Toronto, but still offering exciting views. You will be able to take in the 360 view of Niagara Falls and all it has to offer. To purchase your tickets please visit www.store.skylon.com

Adult \$17.50

Junior discounts apply!

By Car \$\$

Niagara Falls is a 2-hour drive from downtown Toronto. If you have rented a car during your stay you will find it is any easy drive, though be sure your shotgun rider has the DJ skills.

NOTE: We suggest avoiding renting a car to get to the falls, but if you choose to parking the car and taking a guided tour through the Falls is the way to go. Visit www.magnificentniagarafallstours.com to book.

NIAGARA FALLS CONTINUED

Eating at the Falls

Niagara Falls is home to many well-known chain restaurants which are great for families looking for a quick sit down dinner. For a hearty dinner with will warm not only your cold wet toes from the Maid of the Mist but also your soul, Italian is the way to go. To get just that we send you to Zappi's Pizza and Pasta, Italian Eatery. We wanted to suggest a favourite pasta but, you are making a wise decision with any.

Zappi's Pizza and Pasta

6663 Stanley Ave.

Niagara Falls, Ont.

L2G 3Y9

+1 905-357-7100

NOTE: Located about a 15-minute walk from the Falls! *We suggest you book a reservation here.*

COOL TIP!

If you drove out the falls and are looking to escape the busy heart of the tourist attractions. We suggest you take a small drive and check out **Niagara-On-The-Lake**, where the selection is more diverse and sophisticated.

For a fine dining option right in Niagara Falls is Casa Mia, a cozy, authentic Italian restaurant that has a free shuttle service to local hotels at the Falls.... Have you noticed we love Italian?

Casa Mia Ristorante

3518 Portage Rd. L2J

2K4

+1 905-356-5410

THRILL SEAKING ATTRACTIONS

Toronto Helicopter Tours

Toronto is a city with a lot to offer, but there is no better view than a bird's eye one! Toronto Helicopter tours is sure to amaze you, taking you 15 km over the tallest buildings this city is home to. This may also be the perfect opportunity to conquer that fear of heights to help set you up for the CN Tower Edge Walk. To book your Heli-Tour please visit www.helitours.ca and confirm your date, time, and further required information.

Billy Bishop Toronto City Airport, Hangar 1
M5V 1A1 +1 416-203-3280



Don't forget to share your sky-high photos with us! #TorontoWolfpackTour #runwiththepack

Treetop Trekking Adventure Parks

A family activity Centre which has something to offer those of all ages, Treetop Trekking has a number of locations in the GTA making it an easy and exciting day trip activity. Their Stouffville location is the closest one to the city, offering a Zip Line & Aerial Game Treks that will have your feeling like Tarzan himself! They do require a reservation to secure your spot, to do so please visit their website www.treetoptrekking.com

Whitewater Rafting & Kayaking

Calling all you thrill seeking adventurers, we are sure you are going to love this one! Grand River Rafting is home to one of the best Whitewater rafting offers in Southern Ontario. This tour will take you down Ninth River, which is approximately one-meter-deep with two – three feet high splashes and waves. This is a perfect adventure for those traveling in a pack, looking to challenge their skill and bravery. To book your rafting time please visit www.grandriverrafting.ca

31 Mechanic St.
Paris, Ont.
N3L 1K1 +1 519-442-2519

True North Climbing

One of the best and biggest indoor rock climbing gyms in Canada! True North is a fantastic place for both adults and families to spend a day laughing and racing to the top of a rock wall. Although we hope your trip is fully of sunny days, this is a great activity on a rainy day.

75 Carl Hall Rd. Unit #14
M3K 2B9 +1 416-398-7625

iFLY

Interest in skydiving but need to feel it out first? iFLY is an indoor thrill seeking activity which provides you with the feeling of skydiving in an indoor setting. Perfect for a family excursion to test and see who has the most bravery! Their intro package includes 2 flights per person for \$72. To purchase and book please visit www.iflytoronto.com

75 Consumers Rd.
Whitby, Ont. +1 289-224-4000

WALKING & OUTDOOR ATTRACTIONS

Summer is short here in Toronto, which is why from May to October we spend all the time we can enjoying the great outdoors. For those looking to share in our Canadian sunshine loving ways, we suggest checking out some of the areas listed below.



The Royal Ontario Museum in Yorkville



Entrance to the Distillery District



Shops in Yorkville, on Cumberland St. at Night

Distillery District

Get on the 504 streetcar (Tram as many of you call it) at York St. & Queen St. heading down King St. heading east will take you directly to your stop, named 'distillery loop' and you will find yourself in the heart of the Distillery District.

FREE (1-2 Hours)

The **Distillery District** is a historic area of Toronto which is a pedestrian-only walking region in the city, featuring 19th-century buildings that once housed a large whiskey distillery. The cobblestone streets have something for everyone to enjoy, lined with modern indie restaurants, bars, and boutiques, art galleries outdoor sculptures for the creative souls. Along with music and stage performances at the area's several theatres.

Beer lovers are sure to enjoy their time in the Distillery, as it is home to the famous **Mill St. Brewery**. A massive brewery with in-house seating and a fantastic patio, be sure to stop by for a cold one and a bite while taking in the sights. We suggest giving the Bison meatloaf a try, a new twist on a Grandmother classic, which will go down great with a dark creamy stout! We do advise a nap after this meal, I mean you walked to burn off calories for a reason, right? **NOTE:** *We suggest you book a reservation here for dinner.*

[Mill St. Brewery](#)

21 A Tank House Lane

M5A 3C4

+1 416-681-0338

Yorkville, Toronto

A 9-minute drive or a 13-minute train ride from the Sheraton Centre.

FREE (2 Hours)

The heart of Toronto's elite shops and restaurants, Yorkville is an upscale area of the city perfect for a patio lunch and shopping. Walking down Bloor St. you will find countless shops and fantastic places to drop some cash while vacationing. Be sure to keep your eyes open, Yorkville is home to many well-known celebrities in the city.

We all know shopping works up an appetite but fear not, Yorkville is home to a number of great eats. After shopping who wouldn't be ready to 'Wolf' down some food, we suggest checking out Chabrol. It may seem small, but for what it lacks in size it makes up for in flavor and style. Bosting a cozy French style cuisine, they are sure to make you feel at home. **NOTE:** *We suggest you book a reservation here.*

[Chabrol](#)

90 Yorkville Ave.

M5R 1B9

+1 416-428-6641

Craving Italian? **Vaticano** is a moderately priced yet classy and stylish restaurant sure to please the most advanced of Italian food pallets! When it comes to pizza you can do no wrong (except for those pineapple lovers... what is wrong with you?) but we suggest trying the Montecassino, giving you a taste of pizzas in Southern Italy. **NOTE:** *We suggest you book a reservation here.*

[Vaticano Italian Restaurant](#)

25 Bellair St.

M5R 3L3

+1 416-924-496

CITY BARS AND RESTAURANTS

The City of Toronto is home to over **5000 bars and restaurants**, with that number continuing to climb, we understand it can be hard to decide where to grab that pre-game burger on Saturday, or where to have that hangover brunch so desperately needed. That is why we have narrowed it down to some of our local Wolfpack favourites.

NOTE: Tipping! It is customary to tip approximately 15-20% on the total bill before tax in North America. Many restaurants may charge an automatic 15-18% gratuity for larger groups



Patio of The Keg on York St.



Mill St. Brewery in the Distillery



Amsterdam Brewery Toronto Waterfront

CITY BARS AND RESTURANTS

Katana On Bay \$\$\$ Proud Wolfpack Partner

Take a cultural food adventure and enjoy some Asian Fusion & Sushi at Katana on Bay. Friday nights fans are encouraged to stop by for a nightcap and mingle with fans and Wolfpack staff members for an enjoyable evening. **Bob Beswick** calls this a go to while in the city, he suggests some signature dishes including the Spicy Rock Shrimp, Black Cod and a variety of specialty cocktails such as The Last Word, because who doesn't love having that!

NOTE: We suggest you book a reservation here when calling ask to speak to Tosha!

333 Bay St.
M5H 2R2
+1 416-955-0990

The Pint Public House \$\$ Proud Wolfpack Partner

Enjoy a cold one at The Pint! According to **Jake Emmitt** no visit to The Pint is complete without eating their killer wings. Although we have already told you this place was neat, see our suggestion for your post-Ripley's Aquarium and CN Tower adventure eats seen above, page 7. Not to mention the have a great patio for taking on sports on the big screen.

277 Front St. W
M5V 2X4
+1 647-340-6395

3 Brewers Liberty Village \$ Proud Wolfpack Partner

Ahhhh, giving us all the game day feels! A proudly French restaurant and brewery known as the home for Pre and Post Game Day Drinks at the Wolfpack. Fans are encouraged to stop by Saturday afternoon before the game, you will find both Wolfpack and visiting team fans gathering together before they rival to enjoy a cold one and an authentic Flammekueches (a super thin pizza for those currently confused.) A viewing [arty favourite for Wolfpack player **Cory Patterson**. But don't forget to head back, as the beer garden party moves to the top floor of this local brewery. If there is one thing you MUST enjoy on Sunday brunch, it would be the mighty **Canadian Caesar** and let us tell you the team at 3 Brewers knows how to make one sure to cure any hangover. All hail the mighty Caesar! (Those confusing this with the American term 'Bloody Mary' we suggest you avoid this term while here... sensitive subject.) Only 2-minutes from the stadium!

2 Liberty St.
M6K 1A5
+1 416-477-2619

Dublin Calling \$ Proud Wolfpack Partner

Located in the heart of Toronto's Entertainment District, Dublin Calling Party Pub & Kitchen is your go to spot for Saturday night Shenanigans! With pub grub, pool, ping pong, skee ball, dart lanes a Live DJ and 25+ big screen TVs broadcasting every match on the field, ice, court, pitch or ring, you are bound to have a great night! **Blake Wallace** now knows a good UK breakfast, that is why I would take his advice and indulge in their classic Irish breakfast for a dinner treat. Ask for Josh for the true Irish love! Bonus, it's walking distance from the Sheraton Centre.

250 Adelaide St. W
M5H 1X6
+1 647-344-1234

CITY BARS AND RESTURANTS CONTINUED

Amsterdam BrewHouse \$\$

Ideally located right on Toronto's Harbour front, this Lakeside brewery restaurant & retail space that pairs craft beer with local foods is a perfect sunny day hotspot. Their patio stretches the waterside with a perfect view to enjoy an afternoon or evening. **NOTE:** *We suggest you book a reservation here.*

245 Queens Quay W
M5J 2K9
+1 416-504-1020

Henderson Brewing Co. \$\$ Proud Wolfpack Partner

A well-known member of the Wolfpack brewing family, Henderson Brewing Co. stays true to classic craft brewing, capturing the true spirit of Toronto. You will recognize their creative and well-loved Wolfpack collaboration can while paying them a visit, be sure to enjoy one for us!

128 Sterling Rd.
M6R 2B7
+1 416-863-8822

The Rex Hotel Jazz and Blues Bar \$\$

A quirky and cozy lounge to enjoy jazz music and creative cocktails. The Rex provides guests with a homey feel while ensuring you enjoy a classy jazzy evening with friends. Something about Jazz music just screams out for an Old Fashioned in our minds, we hope you agree.

194 Queen St W
M5V 1Z1
+1 416-598-2475

The Rooftop at the Broadview Hotel \$\$\$

Set atop a beautiful revitalized hotel on the east side, this is one of the best rooftop bars in Toronto. By the way, you may not believe us looking at it now, but this building was home for generations to Toronto's oldest naughty nightclub!

106 Broadview Avenue
M4M 1G9
+1 416-362-8439

The Thompson Hotel Rooftop \$\$\$

Bosting one of the ULTIMATE views of the Toronto Skyline, the rooftop at the Thompson Hotel is a go to for classy cocktails, great tasting menu, and your home to grab the perfect nighttime skyline photo. After his Tourism Toronto Visit, **Andy Ackers** suggests sticking to a classic here, a good old Dirty Martini will never do you wrong.

550 Wellington St. W
M5V 2V4
+1 416-640-7778

The Keg Steakhouse & Bar \$\$

There is nothing like knowing a great steak and a glass of wine is just around the corner from you! No trip to Canada is complete until you have sunk your teeth into a massive chunk of Canadian Beef! **René Maitua** knows good food, that is why he suggests that their prime rib gives all steaks a run for their money.

165 York St.
M5H 3R8
+1 416-703-1773

CITY BARS AND RESTURANTS CONTINUED

Le Sélect Bistro \$\$\$

Classic French food & a wine list of over 1,000 bottles, with vintage posters lining the walls. You are sure to feel like you are on a classy French escape while enjoying your dining experience at Le Select. Le Seléct is proudly known amongst those who live in Toronto and those who pass through it as one of the best dining experiences you are sure to ever have! The Confit De Canard is a must, just trust us with this one.

NOTE: *We suggest you book a reservation here, be sure to ask for Jean-Jacques, or JJ as he goes by for a warm Wolfpack welcome!*

432 Wellington St W
M5V 1E3
+1 416-596-6405

Williams Landing Liberty Village \$\$ Proud Wolfpack Partner

A classy lunch and dinner spot, you will find they have a fantastic variety of food and drink. The perfect spot to hang out with friends and enjoy an evening. Now if you have done your share of indulging this trip and are looking for some veggies, **Ashton Sims** suggests you try the Peruvian Chicken Salad is a Wolfpack lunch spot favourite.

Hey you VIPs – Williams Landing is our valued partner who provided the catering in VIP on all game days!

NOTE: *We suggest you book a reservation here.*

120 Lynn Williams St.
M6K 3P6
+1 416-340-8008

Liberty Village Market & Café \$

Cozy coffee shop...but they also serve beer! This local Café is located directly across the street from Lamport Stadium on Jefferson St. It is a local lunch favourite for many Wolfpack fans and staff members. Be sure to stop by for a grilled cheese with bacon.

65 Jefferson St.
M6K 1Y3
+1 416-530-0477

Barcelona Tavern

This Spanish Tapas restaurant is Canadian founded, with its new location located in Liberty Village. Perfect for an evening of wining and dining! We suggest you try their Gin & Tonics, especially the cucumber and kiwi, along with the massive Paella!

NOTE: *Ask for GM Seamus while there for a true Wolfpack welcome! We also suggest you book a reservation.*

109 Atlantic Ave.
M6K 1X4
+1 416-531-0757

NIGHTLIFE

When the night draws closer and you are looking to experience the tantalizing Toronto night life, there are numerous hot spots around the city, each offering their own unique experience. King St. West, which you will get to know well during your stay, as it is your direct route to our home 'Den', location on Jefferson St, off of King St. W.

To explore the heart of Toronto's entertainment area we suggest you walk South from the Sheraton Centre down to King St. and take the 504 streetcar going West.

Toronto Entertainment District (King St. W) \$\$\$

This stretch of King St, beginning at Bay St. running West to Bathurst, is home to some of the city's most popular bars, nightclubs, and lounges. Perfect for visitors to experience the flashing lights and glamour of Toronto nightlife. We have made some suggestions below for a fun night out in Toronto's entertainment district:

To start your night with some good eats and drink, we suggest beginning at *Patria*, an easy 15-minute walk from the Sheraton. A classic Spanish Tapas restaurant, home to some of the best food and drinks in the heart of the entertainment district. This is one of my personal favourite restaurants the City of Toronto has to offer!

Patria

478 King St. W
M5V 1L7
416-367-0505

Now that you've had a few drinks and a bite to eat wander East down King St. where you will find a number of establishments from bars, nightclubs, and cocktail lounges for you to explore. Below you will find suggestions of city hot spots to enjoy a night out in the city.

Weslodge

Think Western Saloon with a big city twist, Weslodge is a go to hot spot to hang out in the city. They offer a large menu of artfully crafted cocktails (some so strong we are sure it may be moonshine) in a sophisticated yet relaxed environment, a perfect spot to hang out with friends.

480 King St. W
M5V 1L7
+1 647-660-0999

SPiN Toronto \$

Rec-room-themed 12,000-sq.-ft. hangout with Ping-Pong tables, light bites & 2 bars. You and your friends can explore your competitive side, drinking games are encouraged!

NOTE: After you've enjoyed a few cold ones at a bar SPiN can be tricky to find, there is a walkway where you will see their Logo sticking out, simply turn down that walkway and you will find the entrance to all this Ping Pong fun on your left.

461 King St W
M5V 1K4
+1 416-599-7746

Belfast Love \$\$

If you are in more of a mood to dance the night away, across the street from SPIN is a well-loved Wolfpack favourite Belfast Love. A cool bar which features a patio, and two floors allowing more than enough room to get your groove on to some of today's top pop hits!

*548 King St. W.
M5V 1M3
+1 416-363-2223*

End of Night Snacks

Now we are all guilty of it, dancing burns a lot of energy okay? We get it, that 2 a.m. burger just sometimes hits the spot, so look no further we have found the ultimate late night burger eats at Big Smoke Burger! When you're in ask for Joe, he appreciates all late night burger and onion ring lovers.

*Big Smoke Burger
573 King St. W
M5V 1M1*

THEATRE and COMEDY CLUBS

Princess of Wales Theatre \$\$

We suggest you check out the smash hit Mamma Mia while it is in town! You can head to www.mirvish.com to purchase your tickets, everyone enjoys time in the theater!

*300 King St. W
M5V 1J2*

Royal Alexandra Theatre \$\$

A show you are sure to never forget, Come From Away is a musical masterpiece telling the story of how a small town in the province of Newfoundland and Labrador took in over 7,000 stranded passengers stranded during the 911 catastrophe. You can head to www.mirvish.com to purchase your tickets, but go quick because seats are limited!

*260 King St. W.
M5V 1H9*

Second City \$

Toronto's Second City has churned out some of the best of the best of epic Canadian comedy talent. For \$25 and up, you are given access to a fantastic show in a comfortable environment, where loud snorting laughter is encouraged! Times for the shows at Second City vary from which is running that night, you can head to their website www.secondcity.com to view the schedule and purchase your tickets.

*M5V 9G9
51 Mercer St.
+1 416-343-0011*

CONCERTS

Budweiser Stage

Summer is short here in the city, take in an outdoor concert at the famous Budweiser Stage while here! Be sure to check our www.ticketmaster.com for a list of upcoming local shows and to purchase tickets.

Scotiabank Arena

Home of the Toronto Maple Leafs and Toronto Raptors, the Scotiabank Arena formerly, Air Canada Centre not only hosts sporting events but also a large number of concerts and shows. You can check out the upcoming acts and purchase tickets through www.ticketmaster.com

SPORTING EVENTS

Toronto is a sports city, we proudly love and get behind all of our sports teams! Ask anyone who lives in this city or has simply passed through, and they will be able to name a team, or two, or three!

During your stay in the city, we are lucky enough to have numerous sporting events taking place. Below is a brief description of each team. To purchase tickets to any sporting event, please visit www.ticketmaster.com and search for your desired game.

TORONTO BLUE JAYS

The only Canadian team in the MLB (Major League Baseball), the Toronto Blue Jays, were founded in 1977 and has carried on converting baseball fans to this day. If you are looking to take in a game the 'Jays' play out of the Rogers Centre, located downtown right next to the CN Tower.

TORONTO FC

Founded in 1987, Toronto FC have made their claim to fame in recent years. In 2017 the team won the MLS Cup officially claiming Toronto a football town! They play all home games out of BMO Field, located in the exhibition ground.

TORONTO ARGONAUTS

Founded in 1873, the 'Argos' are the oldest professional sports team in North America. The Argos are the Toronto team in the CFL (Canadian Football League), the rules are similar to American Football, with minor changes. Their home games are played out of BMO field located in the exhibition grounds.

RUGBY FACT!

The Grey Cup is the championship trophy presented to CFL teams, it is famously known as one of the oldest trophies to date first being presented in 1909 and was governed by the Canadian Rugby Union and the cup was won by the Balmy Beach Rugby Club. See, Rugby isn't as new to the Great White North as you all may think!

SHOPPING

We are thankful you have taken the leap and gone on this rugby journey, but when all is said and done there is one thing we all love to do while traveling and that my friends, is to shop. For your sake I hope you have a good amount of extra room in your suitcase (if not yours maybe your significant others) for all the amazing finds the City of Toronto has to offer. Below is a list of some of my favourite spots to hit up when looking for amazing new threads.

The Store On Queen (TSOQ)

These ladies don't have over 60,000 Instagram followers for nothing, they are the Toronto Queens of style! TSOQ is the go to in this city for upfront, trendy, express yourself fashion. When searching these racks, you can find anything from a killer flared jean, to a bikini sure to catch everyone's eye on your next vacation.

*622 Queen St. W
M6J 1G1*

North Standard Trading Post

This hidden gem is a Canadian Tuxedo lover's dream! This cozy little shop carried everything Canadian inspired, from warm wool socks for the winter months, sweaters, and pine tree scented candles you recommend you check it out before making the trip back home.

*1662 Queen St. W
M6R 1B2*

A Kind Heart Store

Not only are the clothes and accessories in this store trendy and cute, when you shop at A Kind Heart you are shopping with a purpose. Every time you purchase an item you are working to support locally made, environmentally friendly, and giving back to a community or charity.

*2607 Yonge St.
M4P 2J1*

Black Market Clothing

As a vintage lover, I am lucky that Toronto is home to numerous vintage store where you can spend hours combing through racks and shelves. One of my major go to spots for your grandmother's dresses would be Black Market Clothing. You can find everything from a pair of worn in cowboy boots, vintage jeans, and killer band shirts.

*256 Queen St. W
M5V 1Z8*

The Bay

Hudson's Bay Company runs deep in our Canadian roots, be sure to check this mega department store out and pick up something with the HBC stripes on it!

*Toronto Eaton Centre
M5B 2H1*

EMERGENCY MEDICAL SERVICES

We hope your trip to Toronto is full of fantastic moments and memories you can carry for a lifetime, but just in case there is a slip and fall or tooth that needs fixing we have provided you with some emergency services which are located in the downtown core. All no further then 15 minutes from the Sheraton Hotel.

NOTE: We ask that if you are in need of emergency medical care please dial 911 or contact the hotel front desk for assistance.

Emergency Dental Services

Fort York Dental Clinic

A 14-minute drive from or a 25-minute streetcar ride from the Sheraton Hotel.

This clinic offers emergency same day appointments, to ensure you are taken care of in a fast and efficient manner.

+1 647-346-8888

info@fortyorkdentist.com

219 Fort York Blvd, #107
Toronto, ON, M5V 1B1

Emergency Health Services

Mount Sinai Hospital

A 5-minute drive from or a 12-minute train ride from the Sheraton Hotel.

We hope you will have no need, but Mount Sinai is a large hospital located in central downtown Toronto with a large emergency room.

600 University Ave.
M5G 1X5

Walk-In Clinic

If you are in need of a prescription refill or checkup, this Walk-In clinic is located in the downtown core with convenient hours.

Cloud Care Clinics

A 12-minute walk or 5-minute car ride from the Sheraton Centre

55 Dundas St. E
M5B 1C6